

Preparation and *in vitro* antimicrobial activity of supercritical fluid extracts of selected Indian plants against oral pathogens and their phytochemicals and statistical analysis

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Abstract

Introduction: In this study, extracts of *Acacia nilotica*, *Elettaria cardamomum*, *Psidium guajava*, and *Glycyrrhiza glabra* were prepared using supercritical fluid extraction (SFE) at different pressures and 50°C constant temperature. The antimicrobial activities of extracts were evaluated against oral pathogens, namely, *Enterococcus faecalis*, *Streptococcus mutans*, *Staphylococcus aureus*, and *Candida albicans*. **Materials and Methods:** The antimicrobial activities of extracts were evaluated against oral pathogens using agar well diffusion method. Phytochemical analysis of *A. nilotica* twig was done using gas chromatography–mass spectrometry (GCMS). Statistical analyses of data were performed by one-way ANOVA using MS-Excel and principal component analysis was performed using statistical software XLSTAT 2018. **Results:** All plants extracts exhibited significant activity at $P < 0.05$ with inhibitory zones ranging from 8 to 42 mm and minimum inhibitory concentration (MIC) values from 0.19 to 3.12 mg/ml. *A. nilotica* twig extract obtained at 400 bar pressure showed the highest zone of inhibition (42.07 mm) and lowest MIC (190 µg/mL). *E. cardamomum* and *G. glabra* extracts showed moderate activity while *P. guajava* extracts showed least activity against the oral pathogens. GC-MS analysis of *A. nilotica* twig confirm the presence of functional moieties of stigmasterol, clionasterol, betulinaldehyde, eugenol, α -terpinyl acetate, and 22,23-dihydrobrassicasterol in the extract which could be responsible for its antimicrobial efficacy and may prove beneficial in oral care products. **Conclusion:** The extraction of antimicrobial agents from plant materials using SFE at low temperatures avoids the thermal degradation and use of toxic solvents. *A. nilotica* twig at 50°C and 400 bar showed the significant antimicrobial potential, hence it can be processed to obtain effective and cheaper drug due to higher biomass availability. Chemical profiling of SFE extract by GC-MS analysis proved helpful in the identification of compounds. Furthermore, bioactive compounds should be explicated for their exact mechanism of action with the target pathogens.

Key words: *Acacia nilotica*, antimicrobial activity, *Elettaria cardamomum*, gas chromatography–mass spectrometry, *Glycyrrhiza glabra*, *Psidium guajava*, supercritical fluid extraction

INTRODUCTION

Oral hygiene is an important part of human health. The oral microbiota is maintained in a balanced way in healthy individuals. Disruptions in the homeostasis lead to a wide variety of oral diseases. *Enterococcus faecalis*, *Streptococcus mutans*, *Staphylococcus aureus*, *Porphyromonas gingivalis*, *Candida albicans*, etc., are the major pathogens responsible for various oral infections.^[1] Many antimicrobial chemical agents including chlorhexidine, fluorides, and sodium lauryl sulfate are used in oral care products. These chemicals cause

many side effects such as hypersensitivity reactions, tooth staining, desquamation of oral mucosa, alteration in taste perception, and calculus formation.^[2,3] Hence, their adverse effects outrage the benefits and compelled the researchers to

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Received: 24-04-2019

Revised: 19-03-2020

Accepted: 08-05-2020

search for an alternative. Medicinal plants are the source of novel bioactive compounds and these days consumers are embracing the herbal products a lot.

Acacia nilotica commonly known as Desi Kikar or Babul; is a tannin rich medicinal plant of Fabaceae family. The plant is native to Arabian Peninsula and now widely distributed throughout the tropical and subtropical regions of the world. Conventionally, it is used to treat leukoderma, gonorrhoea, diarrhea, paralysis, eye pain, and tooth and gum diseases.^[4]

Psidium guajava or Guava popularly known as “poor man’s apple of the tropics”; belongs to the Myrtaceae family. The plant is considered to be originated in tropical South America and is widely grown in tropical areas such as India, Bangladesh, and West Indies. All parts of the plant are used in traditional medicine such as in malaria, dengue, gastroenteritis, vomiting, diarrhea, wounds, acne, rheumatism, toothache, and inflamed gums.^[5,6]

Elettaria cardamomum or green cardamom or chhoti elaichi belongs to family Zingiberaceae. This spice is native of Western Ghats of India and Sri Lanka from where it has spread to other tropical countries. Cardamom fruit is used in cardiac disorders, renal and vesicular calculi, gastrointestinal disorders, dyspepsia, debility, anorexia, asthma, bronchitis, bad breath, and cancer.^[7,8] *Glycyrrhiza glabra* is commonly known as licorice or Mulheti belongs to family Fabaceae. It is native to the Mediterranean region, central to Southern Russia and Asia and now is widely cultivated throughout the world.^[9] In traditional Siddha system of medicine, liquorice is used as a demulcent, expectorant, sweetener, antitussive, laxative and to treat anemia, gout, corneal inflammation, sore throat, and tonsillitis.^[10]

Medicinal plants are rich in a wide variety of secondary metabolites, such as phenols, flavonoids, alkaloids, glycosides, saponins, tannins, and terpenoids which makes them effective against microbial infections.^[11] There are approximately 500,000 plant species occurring worldwide, of which only 1% has been phytochemically investigated.^[12] There is no single method available as standard; for extracting bioactive compounds from plants. The efficiencies of conventional and non-conventional extraction methods mostly depend on the critical input parameters; understanding the nature of plant matrix; and chemistry of bioactive compounds and scientific expertise.^[13]

Recent advances in separation of natural products have made supercritical fluid extraction (SFE) as a preferred choice superceding Soxhlet or sonication, which require longer extraction times and conditions. Supercritical fluids can easily effuse through solids like a gas and dissolves materials like a liquid. Hence, these fluids substitute a wide range of organic solvents. The low temperature separation process prevents the degradation of the bioactive compounds.^[14] At

supercritical state, small changes in temperature or pressure result in large changes in density, allowing many properties of a supercritical fluid to be controlled. CO₂ is generally the most desirable solvent in SFE because it has a readily accessible critical point, i.e., 31°C and 1071 psi.^[15] In addition CO₂ is cheap, inert, ecofriendly and gives a clean solvent free extract.^[16] Many bioactive compounds such as eugenol and germacrene from tulsi, curcuminoids from turmeric,^[17] vanillic and ferulic acid from pomegranate,^[18] and L-carnitine from oyster mushroom^[19] have been extracted using SFE-CO₂.

These days gas chromatography–mass spectrometry (GC-MS) is widely used for the identification of compounds in analytical research and development, quality control of active pharmaceutical ingredients, bulk drugs, and formulations.^[20] GC is used to separate the volatile and thermally stable substitutes in a sample whereas GC-MS fragments the analytes to be identified on the basis of their mass. GC requires the analytes to have significant vapor pressure between 30 and 300°C.^[21]

In the present study, the extracts of *A. nilotica*, *E. cardamomum*, *Psidium guajava*, and *G. glabra* were prepared using SFE and antimicrobial activities of the extracts were evaluated against selected oral pathogens using agar well diffusion method. Phytochemical investigation of *A. nilotica* twig extracts was also carried out using GC-MS due to their highest antimicrobial activity against all pathogens.

MATERIALS AND METHODS

Collection of Plant Samples

Locally available medicinal plant samples, namely; *A. nilotica* (twig), *P. guajava* (leaves), *G. glabra* (root), and *E. cardamomum* (seed pod) were collected. The samples were air-dried and powdered using a mixer grinder.

Extract Preparation using SFE

Plant extracts were prepared by SFE at different pressures including 150, 250, 300, 350, and 400 bar with constant temperature at 50°C and extraction time of 40 min. The solvent used was 99.9% CO₂ and 1 ml methanol with a flow rate of 1 ml/min through the extraction vessel.

Antimicrobial Activity and Minimum Inhibitory Concentration (MIC) Determination

The antimicrobial activity of SFE extracts against the pathogens, namely, *C. albicans* (ATCC 3018), *E. faecalis* (ATCC 29212), *S. mutans* (MTCC 497), and *S. aureus*

(ATCC 259323) was analyzed by agar well diffusion method.^[22-24] The MIC values were determined by micro-broth dilution method using 96-well plates.

GC-MS Conditions

The extracted compounds of *A. nilotica* twig which showed significant activity were identified using GC-MS at AIRF center, JNU, New Delhi. The analysis was performed using a gas chromatography unit Shimadzu GCMS-QP2010 Plus comprising AOC-20i+s autosampler and equipped with the RTX-5 capillary column; with column flow rate of 1.21 mL/min; injection temperature 250°C; column oven temperature 60°C; ion source temperature 230°C; interface temperature 270°C; and pressure at column inlet 73.3 kPa. The method of electron-impact ionization was applied. All data were obtained by collecting the full scan mass spectra with scan speed of 3333 within the scan range 40–650 m/z. The compounds were identified comparing the data with the software libraries including WILEY8.LIB, NIST11.lib, and NIST11s.lib.

Statistical Analysis

Each experiment was done in triplicate. The results are expressed in terms of mean \pm standard deviation. Statistical analyses of data were performed by one-way ANOVA using MS-Excel software and a significant difference was defined as $P < 0.05$. Principal component analysis (PCA) was performed using statistical software XLSTAT 2018.^[24]

RESULTS

Antimicrobial Activity

The selected plant extracts derived using SFE pressure from 150 bar to 400 bar showed the antimicrobial activities against the tested oral pathogens [Table 1]. All plants extracts exhibited significant activity at $P < 0.05$ with inhibitory zones ranging from 8 to 42 mm and MIC values from 0.19 to 3.12 mg/ml. *A. nilotica* twig extract at 400 bar pressure showed highest zone of inhibition (42.07 mm). *E. cardamomum* and *G. glabra* extracts showed moderate activity while *P. guajava* extracts showed least activity against the oral pathogens. One-way ANOVA showed ($F_{cal} = 32.99 > F_{crit} = 1.88$) the major difference between antimicrobial activities at $P < 0.05$ and reject the null hypothesis. In PCA, F1 represents horizontal axis which is positively correlated with antimicrobial activity against *S. mutans*, followed by *E. faecalis*, *C. albicans*, and *S. aureus*. F2 represents vertical axis that is positively linked with activity against *S. aureus* only as depicted in Figure 1. Twig of *A. nilotica* extract at 50°C temperature and 400 bar pressure (S1) is most influential extract with highest F1 score [Table 2].

MIC

Quantitative evaluation of the antimicrobial activity of selected SFE extracts was carried out against tested oral

Table 1: Antimicrobial activity of supercritical fluid extraction extracts against oral pathogens

Plant name	Temp. in °C/ pressure in bar	Code	Zone of inhibition (mm) \pm SD			
			<i>Enterococcus faecalis</i>	<i>Staphylococcus aureus</i>	<i>Streptococcus mutans</i>	<i>Candida albicans</i>
<i>Acacia nilotica</i>	50/400	S1	38.04 \pm 0.11	28.04 \pm 0.65	40.12 \pm 0.21	42.07 \pm 0.43
	50/300	S2	14.05 \pm 1.33	15.01 \pm 0.29	12.09 \pm 1.32	20.08 \pm 1.04
	50/250	S3	13.04 \pm 1.43	15.03 \pm 0.43	12.07 \pm 1.21	21.07 \pm 1.05
	50/150	S4	-	10.05 \pm 0.23	11.08 \pm 1.42	10.06 \pm 1.54
<i>Elettaria cardamomum</i>	50/400	S5	14.06 \pm 0.87	15.04 \pm 0.44	12.06 \pm 0.09	17.03 \pm 0.07
	50/300	S6	14.07 \pm 0.86	15.05 \pm 0.54	12.05 \pm 0.08	17.05 \pm 0.06
	50/250	S7	13.09 \pm 0.77	14.01 \pm 0.43	11.06 \pm 0.03	16.03 \pm 0.03
	50/150	S8	-	-	-	10.01 \pm 0.07
<i>Psidium guajava</i>	50/400	S9	11.05 \pm 0.34	8.07 \pm 0.12	8.05 \pm 0.34	10.07 \pm 0.41
	50/300	S10	11.07 \pm 0.22	8.04 \pm 0.09	8.03 \pm 0.24	10.08 \pm 0.36
	50/250	S11	11.06 \pm 0.32	8.07 \pm 0.12	8.05 \pm 0.34	10.09 \pm 0.42
	50/150	S12	-	-	-	-
<i>Glycyrrhiza glabra</i>	50/400	S13	14.01 \pm 0.21	16.01 \pm 0.33	13.03 \pm 0.45	14.02 \pm 0.22
	50/300	S14	14.02 \pm 0.13	16.02 \pm 0.44	13.02 \pm 0.54	14.03 \pm 0.41
	50/250	S15	14.04 \pm 0.21	16.03 \pm 0.53	13.05 \pm 0.65	14.04 \pm 0.32
	50/150	S16	-	-	-	-

pathogens by microbroth dilution method using 96-well plates. MIC value ranged from 0.19 to 3.12 mg/mL [Table 3 and Figure 2]. Interestingly, SFE extract of *A. nilotica* obtained at 400 bar having highest antimicrobial activity showed the lowest MIC against all the tested pathogens, i.e., 190–220 µg/mL against the tested oral pathogens. *A. nilotica* extract at 400 bar pressure showed lowest MIC (190 µg/mL).

Table 2: Correlations between sample's activity and factors

Code	F1	F2
S1	5.813	-0.613
S2	0.784	0.007
S3	0.781	-0.022
S4	-0.944	0.288
S5	0.620	0.174
S6	0.622	0.174
S7	0.384	0.145
S8	-2.272	-0.706
S9	-0.634	-0.136
S10	-0.635	-0.140
S11	-0.632	-0.137
S12	-2.812	-0.169
S13	0.577	0.434
S14	0.578	0.435
S15	0.582	0.435
S16	-2.812	-0.169

F1: Horizontal axis, F2: Vertical axis

GC-MS Analysis

GC-MS analysis of *A. nilotica* extract obtained at 400 bar pressure was carried and various compounds were identified. Phytochemicals with different retention times and peak areas are depicted in Figure 3 and Table 4. Bioactive such as betulinol, stigmasterol, eugenol, α -terpinyl acetate, 22,23-dihydrobrassicasterol, 1,1'-sulfonylbis[2-(methylthio)ethane], glycolaldehyde dimethyl acetal, 1,4-dimethoxy-2,3-butandiol, fluoroacetic acid, and 3-ethoxy-1,2-propanediol presents in the extract.

DISCUSSION

Based on long history of traditional use, fewer side effects and being less expensive; medicinal plants are a popular developmental route of many natural drugs.^[25] In this study, extracts of *A. nilotica*, *E. cardamomum*, *P. guajava*, and *G. glabra* were prepared using SFE at different pressures and 50°C constant temperature. The antimicrobial activities of extracts were evaluated against oral pathogens, namely, *E. faecalis*, *S. mutans*, *S. aureus*, and *C. albicans*. All plants extracts exhibited significant activity at $P < 0.05$ with inhibitory zones ranging from 8 to 42 mm and MIC values from 0.19 to 3.12 mg/ml. *A. nilotica* twig extract at 400 bar pressure showed the highest zone of inhibition (42.07 mm) and lowest MIC (190 µg/mL) hence, proceeded for GC-MS analysis. Stigmasterol, clionasterol, betulinol, eugenol, α -terpinyl acetate, and 22, 23-dihydrobrassicasterol were functional moieties in the extract which could be responsible for its antimicrobial efficacy and may prove beneficial in oral care products.

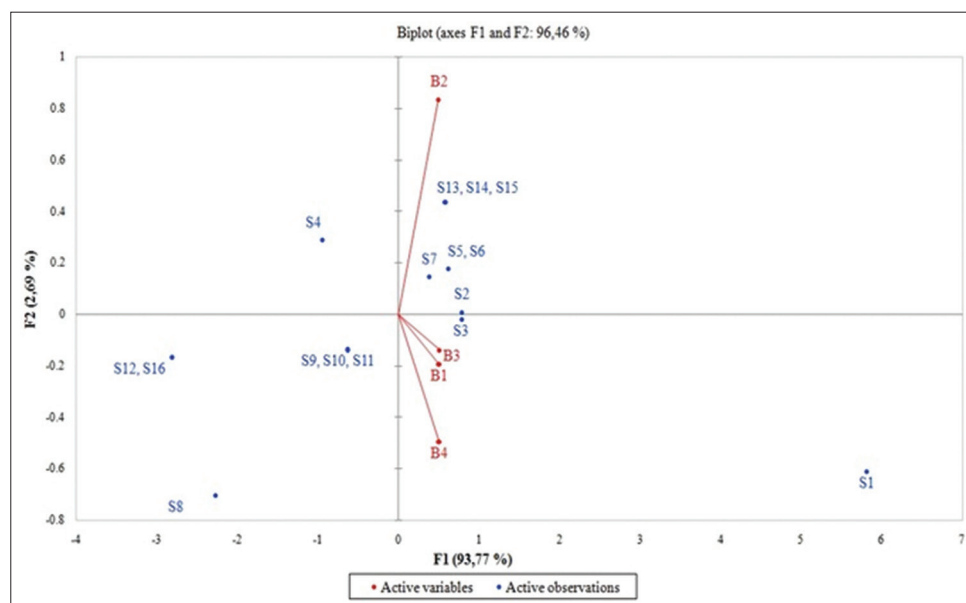
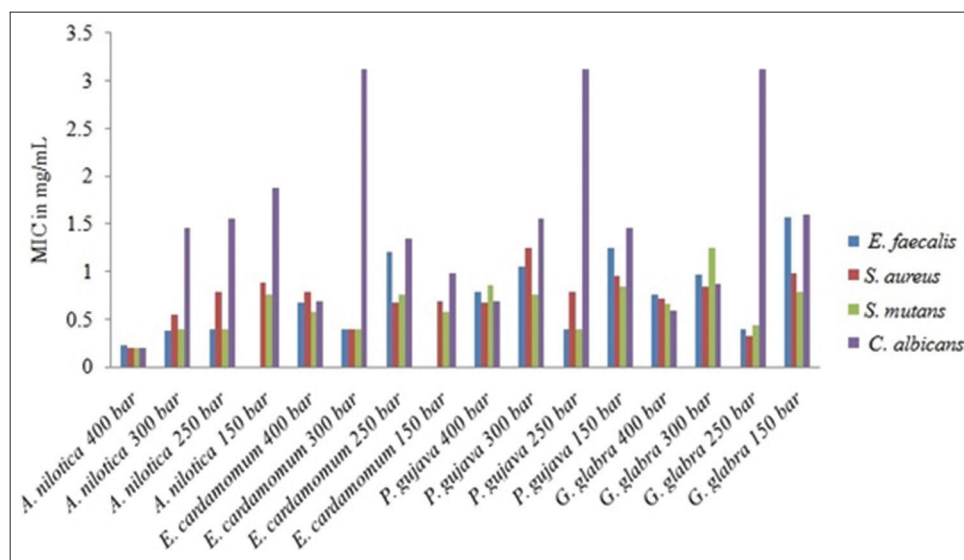


Figure 1: Principal Component Analysis of antimicrobial activity of selected plant extracts.

Table 3: Minimum inhibitory concentration of supercritical fluid extraction extracts against oral pathogens

Plant name	Temperature/pressure in °C/bar for supercritical fluid extraction	Minimum inhibitory concentration in mg/mL			
		<i>Enterococcus faecalis</i>	<i>Staphylococcus aureus</i>	<i>Streptococcus mutans</i>	<i>Candida albicans</i>
<i>Acacia nilotica</i>	50/400	0.22	0.19	0.19	0.19
	50/300	0.38	0.54	0.39	1.45
	50/250	0.39	0.78	0.39	1.56
	50/150	-	0.88	0.76	1.87
<i>Elettaria cardamomum</i>	50/400	0.67	0.78	0.57	0.68
	50/300	0.39	0.39	0.39	3.12
	50/250	1.21	0.67	0.76	1.34
	50/150	-	0.69	0.58	0.98
<i>Psidium guajava</i>	50/400	0.78	0.67	0.85	0.69
	50/300	1.05	1.24	0.76	1.56
	50/250	0.39	0.78	0.39	3.12
	50/150	1.25	0.95	0.84	1.45
<i>Glycyrrhiza glabra</i>	50/400	0.75	0.71	0.66	0.59
	50/300	0.96	0.84	1.24	0.87
	50/250	0.39	0.32	0.43	3.12
	50/150	1.57	0.98	0.78	1.59

**Figure 2:** Minimum inhibitory concentration of supercritical fluid extraction extracts against oral pathogens

There was an increase in antimicrobial activity of *A. nilotica* extracts obtained with SFE pressure from 150 bar to 400 bar. The possible reason could be the presence of highly polar bioactives in *A. nilotica* that may require high pressure for extraction. A lot of work has been done on antimicrobial activity of bark, leaf, and pod of *A. nilotica*;^[26] however, literature is scarce in respect of the phytochemical analysis and efficacy of *A. nilotica* twig extract as an antimicrobial agent. In the previous studies conducted in our lab, bactericidal effect of different

solvent extract of *A. nilotica* leaves was reported against 9 bacterial strains, namely, *Shigella flexneri*, *Enterococcus faecalis*, *S. aureus*, *Proteus mirabilis*, *Salmonella typhi*, *Serratia marcescens*, *Klebsiella pneumonia*, *Escherichia coli*, and *Pseudomonas aeruginosa*.^[27] Similarly, in another study, the pod, bark, and leaves extract showed significant antibacterial potential against five oral pathogens, namely, *Lactobacillus acidophilus*, *Streptococcus sanguinis*, *Streptococcus salivarius*, *Aggregatibacter actinomycetemcomitans*.^[28]

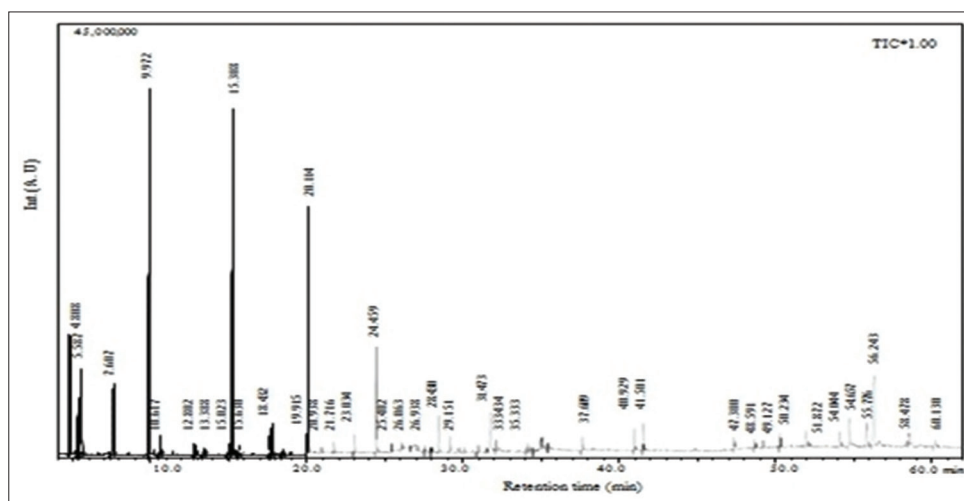
Table 4: Chemical profile of supercritical fluid extraction extract of Babul twig using gas chromatography–mass spectrometry

Peak	Retention time	Area %	Phytochemicals	Molecular formula	Molecular weight (g/mol)
1	4.808	2.75	Diethylene Glycol	C ₄ H ₁₀ O ₃	106.121
2	5.348	1.22	1,3,5,7-Tetroxane	C ₄ H ₈ O ₄	120.10
3	5.587	3.95	Fluoroacetate	C ₂ H ₃ FO ₂	78.04
4	7.607	3.52	3-Ethoxy-1,2-Propanediol	C ₅ H ₁₂ O ₃	120.14
5	9.972	25.01	1,1'-Sulfonylbis[2-(Methylthio)Ethane]	C ₆ H ₁₄ O ₂ S ₃	214.36
6	10.617	0.61	1-Deoxy-D-Ribitol,	C ₅ H ₁₂ O ₄	136.14
7	12.802	0.33	3-Ethoxy-1,2-Propanediol	C ₁₀ H ₁₈ O	154.25
9	15.023	0.62	Nerol	C ₄ H ₁₀ O ₃	106.12
10	15.308	24.10	Glycolaldehyde Dimethyl Acetal	C ₄ H ₁₀ O ₃	106.12
11	15.630	0.33	Cinnamaldehyde	C ₉ H ₈ O	132.16
12	17.622	0.66	α -Terpinyl acetate	C ₁₂ H ₂₀ O ₂	196.29
13	17.755	0.74	Eugenol	C ₁₀ H ₁₂ O ₂	164
15	19.915	0.14	Coumarin	C ₉ H ₆ O ₂	146.15
16	20.114	10.50	1,4-Dimethoxy-2,3-Butandiol	C ₆ H ₁₄ O ₄	150.17
17	20.938	0.15	1-Dodecanol	C ₁₂ H ₂₆ O	186.34
18	21.716	0.27	2,4-Bis(1,1-Dimethylethyl)- Phenol	C ₁₄ H ₂₂ O	206.33
19	23.034	0.54	Nerolidol	C ₁₅ H ₂₆ O	222.37
20	24.459	2.98	1,4-Dimethoxy-2,3-Butandiol	C ₆ H ₁₄ O ₄	150
21	25.402	0.21	Ar-Turmerone	C ₁₅ H ₂₀ O	216.32
22	26.063	0.18	2-Propenoic Acid	C ₁₇ H ₃₂ O ₂	268.43
23	26.938	0.51	Mome Inositol	C ₇ H ₁₄ O ₆	174
24	27.542	0.17	Myristic Acid	C ₁₄ H ₂₈ O ₂	228.38
25	27.933	0.11	Rosifoliol	C ₁₅ H ₂₆ O	222.37
26	28.430	0.93	1,4-Dimethoxy-2,3-Butanediol	C ₂₄ H ₂₆ O ₆	410.47
27	29.151	0.36	Neophytadiene	C ₂₀ H ₃₈	278.52
28	29.623	0.24	Pentadecanoic Acid	C ₁₅ H ₃₀ O ₂	242.40
29	30.026	0.15	Phytol	C ₂₀ H ₄₀ O	296.54
30	30.937	0.18	Methyl Palmitate	C ₁₇ H ₃₄ O ₂	270.46
31	31.473	0.16	Butyl Isodecyl Phthalate	C ₂₂ H ₃₄ O ₄	362.51
32	31.768	2.30	Palmitic Acid	C ₁₆ H ₃₂ O ₂	256.43
33	32.077	0.29	Ethoxy(Methoxy)Methylsilane	C ₄ H ₁₁ O ₂ Si	119.22
34	33.998	0.12	1-Octadecanol	C ₁₈ H ₃₈ O	270.50
35	34.115	0.21	Methyl Linoleate	C ₁₉ H ₃₄ O ₂	294.48
36	34.248	0.09	Methyl Elaidate	C ₁₉ H ₃₆ O ₂	296.50
38	34.940	0.38	Linoleic Acid	C ₁₈ H ₃₂ O ₂	280.45
39	35.048	0.30	Cis-9-Hexadecenal	C ₁₆ H ₃₀ O	238.42
40	35.341	0.10	Linoleic Acid	C ₁₈ H ₃₂ O ₂	280.45
41	35.446	0.28	Cysteamine S-Sulfate	C ₂ H ₇ NO ₃ S ₂	157.20
43	40.929	0.63	Docosanol	C ₂₂ H ₄₆ O	326.61
44	41.501	0.75	Phthalic Acid	C ₆ H ₄ (COOH) ₂	166.14

(Contd...)

Table 4: (Continued)

Peak	Retention time	Area %	Phytochemicals	Molecular formula	Molecular weight (g/mol)
45	47.300	0.28	Squalene	C ₃₀ H ₅₀	410.72
46	48.591	0.25	Tetratriacontyl Heptafluorobutyrate	C ₃₈ H ₆₉ F ₇ O ₂	690
47	49.127	0.21	3-Methoxy-Estra-1,3,5(10),8-Tetraen-17-One	C ₁₉ H ₂₂ O ₂	282
49	51.872	0.80	1-Heptacosanol	C ₂₇ H ₅₆ O	396.73
50	54.044	0.91	22,23-Dihydrobrassicasterol	C ₂₈ H ₄₈ O	400.69
51	54.657	1.55	Stigmasterol	C ₂₈ H ₄₈ O	412.69
53	56.243	5.08	Clionasterol	C ₂₉ H ₅₀ O	414.72
54	58.478	0.61	Betunaldehyde	C ₃₀ H ₄₈ O ₂	440.71
55	60.130	0.54	Dihydrodigoxigenin	C ₂₃ H ₃₆ O ₅	392.54

Figure 3: Gas chromatography–mass spectrometry chromatogram for the supercritical CO₂ extract of *Acacia nilotica* twig

SFE extracts of *E. cardamomum* seed pod obtained at 300 bar were the second most active extract with zone of inhibition in the range of 12.05–17.05 mm. The earlier study done on antimicrobial activity of cardamom has also been reported activity against *C. albicans*, *S. mutans*, and *S. aureus*.^[29] GC–MS studies of green cardamom seed resulted in the identification of bioactive compounds with α -terpinyl acetate (38.4%), 1,8-cineole (28.71%), linalool acetate (8.42%), sabinene (5.21%), and linalool (3.97%).

P. guajava and *G. glabra* extracts obtained at 250 bar showed the highest growth inhibition, beyond that there was no effect of pressure on extract's activity. Therefore, in each case, best extraction was achieved when the polarities of the fluid and bioactive in the plant samples were coincident. *G. glabra* root showed a moderate activity (13.03–16.01 mm inhibition zone). *G. glabra* root possess (5–24%) glycyrrhizin, (3–16%) sugar, (30%) starch, and (6%) ash.^[30] Earlier study showed that aqueous extract of *G. glabra* root can be effective for decreasing the severity of oral mucositis in head-and-neck cancer patients undergoing radiotherapy.^[31] *P. guajava* leaves extract showed zone of inhibition in the range of 8.65–11.06 mm. The previous studies reported that methanol

extract of *P. guajava* leaves exhibited significant activity against *S. mutans*.^[32,33]

The methanol was used as solvent modifier in the SFE process which may increase the solvation power of SC-CO₂ and the recovery of bioactive compounds.^[34] Supercritical carbon dioxide is intrinsically non-polar and addition of cosolvent in SFE makes it effective in the extraction of polar compounds embedded in the cell wall of plant samples.^[35] An optimum temperature of 50°C was chosen for all extracts, as a very high temperature may lead to degradation of thermo-labile compounds.

GC-MS analysis phytochemicals with different retention times and peak areas are depicted in Figure 3 and Table 4. Bioactive such as betulinaldehyde,^[36] stigmasterol,^[37,38] eugenol,^[39] α -terpinyl acetate,^[40] and 22, 23-dihydrobrassicasterol^[41] found in the extract, has been reported to exhibit antimicrobial activities against oral pathogens. Although few compounds such as 1,1'-sulfonylbis[2-(methylthio)ethane], glycolaldehyde dimethyl acetal, 1,4-dimethoxy-2,3-butandiol, fluoroacetic acid, and 3-ethoxy-1,2-propanediol present in the extract have been evidenced toxic, for human

consumption.^[42,43] Therefore, further research is needed to isolate active compounds of the extract and to be assessed for their cytotoxic effects.

CONCLUSION

It can be concluded from the results that pressure plays an important role in SFE. Preparation of plant extracts using SFE will be beneficial if incorporated in oral care products as it is a clean and eco-friendly process. *A. nilotica* twig at 50°C and 400 bar showed significant antimicrobial potential and hence it can be processed to obtain effective and cheaper drug due to higher biomass availability. Chemical profiling of SFE extract by GC-MS analysis proved helpful in identification of compounds. Furthermore, bioactive compounds should be explicated for their exact mechanism of action with the target pathogens.

ACKNOWLEDGMENT

The research was financially supported by UGC under UGC-SAP program (F.3-20/2012, SAP-II). Rosy Kumari and Ratish Chandra Mishra gratefully acknowledged UGC New Delhi for the award of UGC BSR fellowship (F.25-1/2013-14).

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Source of Support: Nil. **Conflicts of Interest:** None declared.