

Anti-termite and therapeutic uses of various plant essential oils from family Rutaceae: A review

Lokpriy Pandey, Ravi Kant Upadhyay

Department of Zoology, Deen Dayal Upadhyaya Gorakhpur University, Gorakhpur, Uttar Pradesh, India

Abstract

This review article explains the use of various plant essential oils (EOs) and its formulations in termite control. Plant EOs and its components show multiple deleterious effects such as toxic, antifeedant, repellent, growth, and reproductive inhibitory activity in number of insect pest species. These active components delay egg maturation and development in insects. Plant EOs constituents display contact and systemic action and primarily used as poison baits to control soil termite. This article points out the importance of the use of plant origin termiticides/biopesticides and botanical methods to control termite menace. These alternate methods could be used to minimize the risk of poisoning of food chain, soil, and aqueous environment. This article also suggests wider use of EO-based multicomponent low-cost anti-termite formulations/methods to replace highly toxic synthetic pesticides.

Key words: Essential oils and poison baits, natural, polyphagous pest, synthetic, termites, termiticides

INTRODUCTION

Termites are major polyphagous pests causing considerable damage to agriculture crops, forestry, and household and building materials round the globe except few cold regions. Termites are detritus feeders and feed on dead leaves, stems, barks, and field crops. Termites are known as silent destroyers because of their ability to chew wood, clothes, and harm to crop fields. There are about 2000 known termite species in the world. Termites cause economic damage to commercial wood, fibers, cellulose, sheets, and papers. They also cause harm to clothes, woollens and mats, and woody building material and infest green standing foliage, and cereals stored in godowns. Termite damages approximately \$32 billion in property damage annually. Termites digest plant litter in garden soil and form humus. Termites are the natural food of reptiles, birds, and mammals. Termites are used as feed for poultry. Fungus gardens and soil of termitarium are used to culture mushrooms.

The Indian white termite, *Odontotermes obesus* (Rambur) (*Isoptera: Odontotermitidae*), is highly destructive polyphagous insect pest in East Uttar Pradesh. It damages commercial wood, food crops, orchard plants, and household articles. Colonies are composed of

casts: A queen, a king, soldiers, and workers. Some species of termite cultivate specialized fungi to digest cellulose. Both worker and soldier termites cause harm to non-seasoned commercial wood and its formed materials. Whether it is a rural area or an urban domestic site, termite menace is everywhere. Members of this family construct great mounds having mean heights up to 5 m. The presence of these huge mounds in forests has ethnological value as these are used as burying places for dead bodies. Termites regulate the climate conditions within their nests. They built mounds with galleries and chamber. They make holes in mounds east-west face to keep the internal temperature cool and within the requirement of the colony. *Cephalotes oculatus* make mushroom-shaped mounds for their role in thermal regulation within the nest.^[1]

Although, several methods have been used to control this termite species in field, the present article explains most recent developments happened in termite control. In the past, for the control of termite population in the field, various synthetic pesticides such as chlordane and cypermethrin,^[2] hydroquinone and indoxacarb have been used.^[3] For the

Address for correspondence:

Dr. Ravi Kant Upadhyay, Department of Zoology, Deen Dayal Upadhyaya Gorakhpur University, Gorakhpur, Uttar Pradesh, India. E-mail: rkupadhya@yahoo.com

Received: 02-02-2022

Revised: 18-03-2022

Accepted: 26-03-2022

control of Formosan subterranean termite, *Coptotermes formosanus* Shiraki (*Isoptera: Rhinotermitidae*), phenylpyrazoles, pyrethroids, chloronicotinyls, and pyrroles are being used as termite control agents. Fipronil is termiticide belongs to phenyl-pyrazole class of chemical compounds. Although it effectively kills termites and other household insects vary efficiently,^[4] it remains inside soil in the form of bound residues for longer period.^[5] It is highly toxic to mammals and seeps inside the ground water.^[6] These synthetic pesticides are highly toxic and present for longer periods in the form of residues in medium. They enter into the food chain and kill non-target organisms. These have been banned and its new alternatives are discovered in the form of natural pesticides.

In nature, both plants and animals possess natural bio-organic constituents which are synthesized in response to environmental conditions. This chemotypic information is acquired by the genome at a very slow rate and finally displayed as adaptability. These bioactive constituents found in plants show chemotypic variations and are used to control insect infestation and are good alternatives of synthetic pesticides or could be used as alternative medicines.^[7] Natural products from plant were also found effective, environmentally friendly termite control agents.^[8] This article also suggests wider use of natural eco-friendly multicomponent anti-termite formulations low-cost methods to control termite population and replace highly toxic synthetic pesticides.

SOURCE OF INFORMATION

For writing this comprehensive research review on plant essential oils (EOs), various databases were searched. For the collection of relevant information, specific terms such as phytochemical subject headings (PhytoSH) and key text words, such as “Family Rutaceae,” “plant EOs,” and “insecticidal activity” published till 2022 were used in MEDLINE. Most specially for retrieving all articles pertaining to the use of plant EOs, electronic bibliographic databases were searched, and abstracts of published studies with relevant information on the plant EOs were collected. Furthermore, additional references were included through searching the references cited by the studies done on the present topic. Relevant terms were used individually and in combination to ensure an extensive literature search. For updating the information about a subject and incorporation of recent knowledge, relevant research articles, books, conferences proceedings, and public health organization survey reports were selected and collated based on the broader objective of the review. This was achieved by searching databases, including “SCOPUS, Web of Science, EMBASE, PubMed, PMC, Publon, Swiss-Prot, and Google searches.” From this common methodology, discoveries and findings were identified and summarized in this final review.

PLANT SPECIES BELONGS TO FAMILY RUTACEAE

Family Rutaceae is famous for *Citrus* fruits. Its leaves, flowers, and fruit peels contain EOs. These were traditionally used in folk medicine for thousands of years to treat a wide range of different diseases.^[9] *Citrus* EOs (CEOs) consist of some major biologically active compounds such as α/β -pinene, sabinene, β -myrcene, d-limonene, linalool, α -humulene, and α -terpineol belonging to the monoterpenes, monoterpene aldehyde/alcohol, and sesquiterpenes group, respectively. These compounds possess several health benefits and are used for the treatment of pain, fever, nausea, inflammation, infections, and nervous disorders.^[10] Few EO components are used as anti-fertility agents, to control menstrual flux and bleedings, as abortifacient, and as contraceptive. In addition, CEO are used in making perfumes, its essence is added to food materials, and beverage industries. EOs are used in aromatherapy and medicinal purposes. This reviews anti-insect potential of sweet orange (*Citrus sinensis*), bitter orange (*Citrus aurantium*), neroli (*C. aurantium*), orange petitgrain (*C. aurantium*), mandarin (*Citrus reticulata*), lemon (*Citrus limon*), lime (*Citrus aurantifolia*), grapefruit (*Citrus × paradisi*), bergamot (*Citrus bergamia*), Yuzu (*Citrus junos*), and kumquat (*Citrus japonica*).^[11]

EOs and their components from various plant species show termiticidal activity against termites. *C. aurantifolia* leaves and fruit peel contain limonene, linalool, citronellal, and citronellol. These effectively repel insects and found effective against termites.^[12,13] These EOs are highly volatile at a very low temperature and could be used as fumigants to control household termite population mainly reside inside tunnels, crevices, wood spaces, and holes. EOs are lipophilic secondary metabolites obtained from plants. These are obtained in pure form or a complex mixture of several components without making any change in their chemical composition.^[14] Due to high volatility, EOs easily spread in the environment and medium. Due to their fast diffusion and volatile action, these could be used as fumigants to control household termite population mainly reside inside tunnels, crevices, wood spaces, and holes. These volatile EOs could be used as bio-insecticides in the control of different insect pests.

Citrus fruits secrete epicuticular waxes and EOs. These show anti-termite activity against the termite *Cryptotermes brevis* Walker (*Isoptera: Kalotermitidae*). It also shows strong antifeedant activity.^[15] Vetiver oil and its components nootkatone and cedrene disrupt food recruitment in *C. formosanus* Shiraki.^[16] Similar antifeedant activity has been reported in EO at very low dose (250–700 ppm) of *Alpinia galanga* due to the presence of 1,8-cineol against two species of termites, *Coptotermes gestroi* (Wasmann) and *Coptotermes curvignathus* (Holmgren) (*Isoptera: Rhinotermitidae*). Patchouli oil obtained from *Pogostemon cablin* (Blanco) Benth and its main constituent, patchouli

alcohol. This oil shows strong repellency and toxicity against *Formosan* subterranean termites (*C. formosanus* Shiraki).^[16] *Abrotanella trilobata* EOs and its constituents, especially the limonene, show repellent and termiticidal activity against *Nasutitermes corniger*. This oil also shows repellent action and deterrent activity from feeding.^[17]

EO COMPONENTS

The *Citrus* fruit is rich in d-limonene, a cyclic terpene. It shows multiple biological activity against termites and other household insects.^[18] The EO isolated of leaves and peel of Zambetakis (*C. limon*) contains limonene as major component. More specifically, leaf oil from pink-fleshed lemon (*Citrus x limon*), *C. limon* (lemon) contain beta-pinene, myrcene, neral, geranial, neryl acetate, geranyl acetate, and beta-caryophyllene.^[19,20] These contain highly active bio-organic components, that is, monoterpene hydrocarbons, oxygenated monoterpenes, sesquiterpenes, and fatty alcohol esters.^[21,22] Bergamot peel EO contains flavonoids which are also effective against microbes^[23] [Figure 1].

EOS AND TERMITE CONTROL

Plant species synthesize thousands of active biomolecules and so many of them have been extracted and identified but its biological activities are still unknown.^[24] Plant-derived compounds are used as an alternative of synthetic pesticides for termite control. Phytomelatonin (plant melatonin) is chemically related to the amino acid tryptophan and has many diverse properties. It shows actions at the cellular and physiological level, mainly display protective effects.^[25] Plant secondary metabolites including alkaloids, flavonoids, and phenolics are very useful to control insects, pests, and pathogens in eco-friendly ways.^[26] These are used as medicine ingredients and food additives for therapeutic, aromatic, and culinary purposes.

Flavonoids are widely distributed as secondary metabolites produced by plants and have a variety of potential biological benefits such as antioxidant, anti-inflammatory, anticancer, antibacterial, antifungal, and antiviral activity.^[27] These secondary metabolites also work as deterrent of natural enemies of plants and also make defense against pathogens, environmental stresses.^[28] Flavonoids are secondary metabolites, these showed antifeedant and repellent activity against *C. formosanus*.^[29] Similarly, leaf of *Rhazya stricta* Decne and *Lantana camara* showed antifeedant activity against *Psammodermes hybostoma*^[30] while *Callitris glaucophylla* against *C. formosanus*.^[31] Seeds of *Withania somnifera*, *Croton tiglium*, and *Hygrophilia auriculata* disrupt cellulose digestion inside gut of *Microtermes obes*^[32] while seed oil of *Azadirachta indica* shows 100% mortality against *Macrotermes* spp.^[32] Plant EOs and its components inhibit metabolism in termites and kill them due to antifeedant,

repellent, and toxic action. Plant essential showed least residual effect in non-target organisms.

Plants produce a variety of useful bioactive products or a huge chemical diversity, these bio-organic compounds are used to control specialized natural enemies.^[33] Phenolics play an essential role in the defense reaction of crop plants against pathogens.^[34] Terpenoids (isoprenoids) chemical interactions affect feeding behavior in termites. Conventionally, plant-based terpenoids are used in food materials, pharmaceuticals, as bio-insecticides and biofuel products.^[35] Limonoids are a group of highly oxygenated terpenoid secondary metabolites found mostly in the seeds, fruits, and peel tissues of *Citrus* fruits such as lemons, limes, oranges, pumellos, grapefruits, bergamots, and mandarins. Limonin, the aglycones, and glycosides of limonoids show insecticidal activity.^[36] Organic extracts of *Flourensia* species contain sesquiterpenes, flavonoids, benzofurans, chromenes, coumarins, lupantriterpenes, aliphatic lactones, and aromatic and acetylenic compounds. The chemical components of tarbush (*Flourensia cernua*) leaves were fractionated by extracting successively with hexanes, diethyl ether, and ethanol. All three fractions exhibited a high degree of anti-termite activity.^[37] *Citrus* fruits mainly contain lemon, mandarin, and sweet orange EOs showed a promising potential against termite and other harmful microbes.^[38]

EOs and its components from peel were found highly active against insect and household insect pests. These showed repellent and toxic effects in termites. *C. sinensis* peel EO components inhibit acetylcholinesterase (AChE), Na⁺/K⁺-ATPase, and glutathione-S-transferase activity in insects and could be used to develop a potential botanical pesticide.^[39] Similarly, EOs and its components from *Cinnamomum cassia*, *Cinnamomum camphora*, *Cinnamomum camphora* var. linalooliferum, *C. aurantium*, *C. aurantium* var. bergamia, *C. aurantifolia*, and *C. reticulata* var. tangerine show acaricidal activity against mites.^[40] EO from the peel of *C. aurantifolia* showed ovicidal and larvicidal activity in *Aedes aegypti*.^[41] EO from the fruits of *Citrus trifoliata* L. showed high insecticidal activity against field termites.^[42]

Development of natural nano-based plant protection formulations represents an emerging phenomenon that has been widely improved for crops protection and for enhancing the efficiency and safety of pesticides. *C. aurantium* EOs derived from flavedo of cultivars “Canaliculata,” “Consolei,” “Crispifolia,” “Fasciata,” “Foetifera,” “Listata,” and “Bizzaria” possess diverse phytochemicals. These showed antioxidant, antifungal, and insecticidal activity.^[43] *Pompia* peel EO also contains variety of phytochemicals which showed different types of insecticidal activity.^[44]

Similarly, several other plant species, that is, *Zizyphus jujuba* showed significant anti-termite activity against *Heterotermes indicola*. *Flourensia* species exhibit insecticidal mainly anti-termite activities.^[45] Plant extracts from *Pyllanthus*

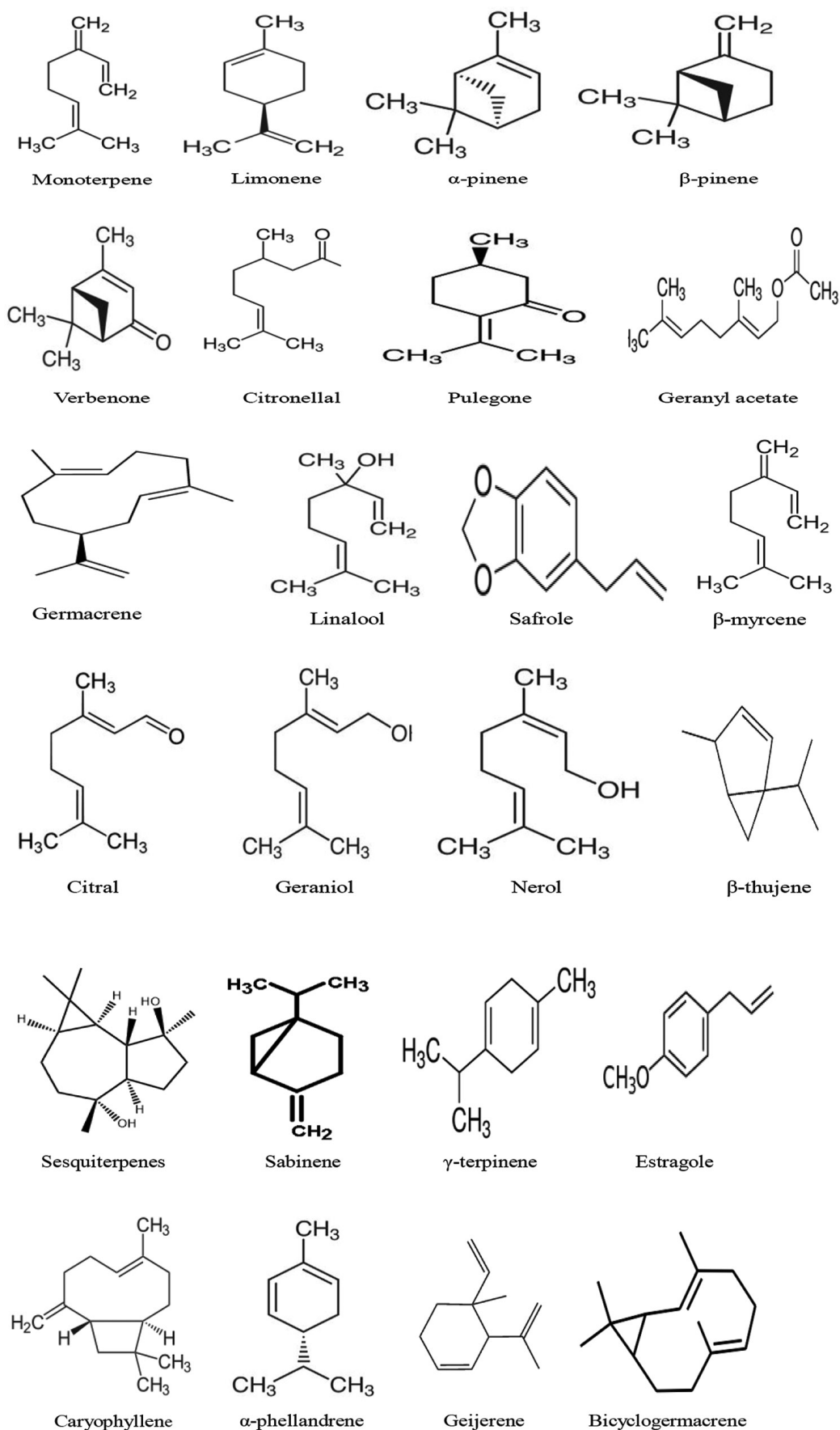


Figure 1: Chemical structures of major essential oil components from family Rutaceae

niruri, *Azadirachta indica*, *Leucaena leucocephala*, and *Andrographis paniculata* inhibited tunneling behavior in two subterranean termites, *Globitermes sulphurues* and *C. gestroi*.^[46] EO constituents from various *Citrus* species contain β -thujene, β -pinene, γ -terpinene, myrcene, and sesquiterpenes which showed termiticidal effects.^[47] Similar property is also reported in bio-organic active compounds such as linalool and linalyl acetate from *Ocimum basilicum*; α -terpinyl acetate, neryl acetate, and α -pinene from *Thymus algeriensis*; thymol, 1,8-cineole, umbellulone, α -bisabolol, and camphor from *Tanacetum walteri*;^[48] sesquiterpenes, β -eudesmene, and β -bisabolene from *Helichrysum italicum*;^[49] eugenol from *Syzygium aromaticum*;^[50] and carvacrol, thymol, eugenol, and cinnamaldehyde from *Eugenia caryophyllata* showed multiple biological activity including termiticidal effects in major of them^[51] [Figure 1].

Eucalyptus camaldulensis major oil component 1,8-cineole, α -pinene, α -phellandrene, p-cymene, and anti-acetylcholinesterase;^[52] alpha-pinene, 4-carene α -cedrol, terpinolene, β -myrcene, β -pinene, sabinene, and D-Limonene from *Thuja occidentalis* antimicrobial; and caryophyllene oxide, p-caryophyllene, and spathulenol isolated from *Tagetes patula* showed deterrent effects.^[53] Components such as α -pinene, verbenone, terpinolene, and α -terpineol isolated from *Helianthus annuus*;^[54] neophytadiene, phytol, trans-pinane, 6,10,14-trimethyl-2-pentadecanone, and citronellyl propanoate isolated from *Jatropha curcas* show antioxidant and anti-inflammatory activity.^[55] Menthol, menthofuran, menthyl acetate, menthone, and 1,8-cineole found in *Mentha piperita* showed insecticidal activity.^[56] Cinnamaldehyde, linalool, β -caryophyllene, eucalyptol and eugenol extracted from *Cinnamomum zeylanicum* have shown strong anti-insect potential.^[57] Similar insecticidal activity is also reported in *Ricinus communis* due to presence of α -thujone, 1,8-cineole, α -pinene, camphor and camphene^[58] [Table 1 and Figure 1].

EOs isolated from various species of *Citrus* possess highly effective bio-organic constituents such as monoterpene, limonene, β -pinene, geranyl acetate, and verbenone from *Citrus maxima*;^[59] citronellal and citronellol from *Citrus grandis*;^[60] germacrene isomers, pinene, linalool dimmer, bornane, citral, anethole, anisole, safrole, and demitol from *C. aurantifolia*;^[61] and limonene, β -myrcene, and α -pinene from *C. aurantium*^[62] [Table 1]. Few important constituents such as d-limonene, linalool, geraniol, nerol, monoterpene aldehydes, alpha- and beta-pinene, myrcene, sesquiterpenes in most of the *Citrus* plant species;^[63,64] alpha-terpinene, alpha-pinene, and sesquiterpene have been isolated from *Citrus paradise*^[65] and *Citrus latifolia*.^[66] *Agathosma betulina*^[67] from *C. limon*^[68] germacrene and hexane from *C. japonica*^[69] and sabinene from *Citrus hystrix* are anti-termite in nature [Table 1].

The EO fraction obtained from the rind various *Citrus* species possess diverse volatile organic. The major compounds reported are terpenoid (90%) with diverse biological activity.^[70] *Aegle marmelos* also contains limonene,

α -phellandrene, β -ocimene, α -pinene, (E)-caryophyllene, β -elemene, and germacrene;^[71] sesquiterpene hydrocarbons, germacrene D, and (E)-caryophyllene from *Casimiroa edulis*;^[72] E-ocimene, Z-ocimene, gamma-terpinene, and germacrene D from *Clausena anisata*;^[73] 2-tridecanone, beta-caryophyllene, 2-pentadecanone, caryophyllene oxide, and germacrene D from *Pilocarpus microphyllus*.^[74] Limonene from *Pilocarpus spicatus*;^[75] β -myrcene, (Z)- β -guaiene, (Z)- β -ocimene, β -caryophyllene, bicyclogermacrene, α -terpinyl acetate, geijerene, and β -copaene-4 α -ol from *Boenninghausenia albiflora*;^[76] dictagymnin and fenculin estragole from *Dictamnus albus*;^[77] *Agathosma betulina* limonene, pulegone, α -pinene, β -pinene, p-cymene, and linalool act as feeding deterrent in termites.

THERAPEUTIC USES

The family Rutaceae is famous for its EOs which are used for making perfumes. *Citrus* fruits are highly edible, its juice is used to beat heat stress. *Citrus* genus is the most important fruit tree crop in the world and lemon is the third most important *Citrus* species. *C. limon* EO generates unique flavor in food or nutraceutical products.^[78] EOs extracted from the peels of four *Citrus* fruits (*C. limon*, *C. aurantifolia*, *Citrus maxima*, and *C. sinensis*) have much more antimicrobial potential mainly against fungal strains.^[79] Tangerine (*Citrus tangerina*) EOs are widely used as aromatherapy and medicinal agents.^[80] Inhalation of the EO from *C. aurantium* decreases anxiety and stress levels in patients undergoing coronary angiography.^[81] EOs from this plant contain monoterpenes linalyl acetate, limonene, and α -terpineol as major compound which possess high therapeutic value.^[82] These also showed diverse biological activities.^[83] The EO and ethanol extract showed significant antimicrobial activity against various pathogens which were attributed to the presence of important phytochemical classes such as polyphenols, flavonoids, alkaloids, and terpenes.^[84] *Citrus* fruit EOs show good antimicrobial and antioxidant properties.^[85] *Citrus* peel EOs work as natural preservative and antioxidants^[13] [Table 1].

EOs from Rutaceae are traditionally used in folk medicine. The EO from *C. limon* is rich in bioactive monoterpenoids such as D-limonene, β -pinene, and γ -terpinene; these show anti-inflammatory, antimicrobial, anticancer, and antiparasitic activities^[21] [Table 1]. The major phytochemicals in EO are phenolic compounds (diosmin, hesperidin, and limocitrin), coumarins and flavonoids, and phenolic acids. These have shown broad pharmacological activities, such as antifungal, antiviral, antiparasitic, antioxidant, neuroprotective, anti-inflammatory, anti-cancer, and antidiabetic activities. EOs also display contraceptive and abortifacient effects.

Peel of *Citrus* fruits contains large numbers of plant secondary metabolites which display chemotypic variations in limonene; limonene/gamma-terpinene;

Table 1: Major essential oil components isolated from family Rutaceae plants and its termiticidal action

S. No.	Name of plants	Common Name	Essential oils major components	Activity against termite species	References
1.	<i>Citrus maxima</i>	Pomelo	Monoterpene, limonene, β -pinene, geranyl acetate, verbenone	<i>Coptotermes gestroi</i>	[59]
2.	<i>Citrus grandis</i>	Pomelo	Citronellal and citronellol	<i>Coptotermes formosanus</i>	[60]
3.	<i>Citrus aurantifolia</i>	Kagzi lime	Germacrene isomers, Pineen, Linalool dimmer, Bornane, Citral, Anethole, Anisole, Safrole, Demitol	<i>Reticulitermes flavipes</i>	[61]
4.	<i>Citrus aurantium</i>	Bitter orange	Limonene, β -myrcene, α -pinene	<i>Coptotermes formosanus</i>	[62]
5.	<i>Citrus sinensis</i>	Sweet orange	d-limonene, Linalool, Geraniol, Nerol	<i>Coptotermes gestroi</i>	[63]
6.	<i>Citrus microcarpa</i>	Calamansi	Limonene	<i>Reticulitermes speratus</i>	[64]
7.	<i>Citrus medica</i>	Citron	Limonene, gamma-terpinene, monoterpene aldehydes, alpha- and beta-pinene, myrcene, sesquiterpenes	<i>Odontotermes obesus</i>	[47,63,64]
8.	<i>Citrus paradisi</i>	Grapefruit	limonene, alpha-terpinene, alpha-pinene, Sesquiterpene	<i>Coptotermes vastator</i>	[65]
9.	<i>Citrus latifolia</i>	Persian lime	d-limonene, β -thujene, β -pinene, γ -terpinene	<i>Coptotermes curvignathus</i>	[66]
10.	<i>Citrus limon</i>	Lemon	Geraniol, limonene, γ -terpinene	<i>Reticulitermes speratus</i>	[68]
11.	<i>Citrus japonica</i>	Round kumquat	Limonene, germacrene, hexane	<i>Coptotermes formosanus</i>	[69]
12.	<i>Citrus hystrix</i>	Kaffir lime	Sabinene	<i>Coptotermes formosanus</i>	[64]
13.	<i>Aegle marmelos</i>	Stone apple/bael	Limonene, α -phellandrene, β -ocimene, α -pinene, (E)-caryophyllene, β -elemene, germacrene	<i>Odontotermes obesus</i>	[71]
14.	<i>Casimiroa edulis</i>	White sapote	Sesquiterpene hydrocarbons, germacrene D, (E)-caryophyllene	<i>Cryptotermes brevis</i>	[72]
15.	<i>Clausena anisata</i>	Horsewood	E-ocimene, Z-ocimene, gamma-terpinene, germacrene D	<i>Coptotermes vastator</i>	[73]
16.	<i>Pilocarpus microphyllus</i>	Maranham jaborandi	2-tridecanone, beta-caryophyllene, 2-pentadecanone, caryophyllene oxide, germacrene D	<i>Coptotermes curvignathus</i>	[74]
17.	<i>Pilocarpus spicatus</i>	Jaborandi	Limonene	<i>Coptotermes formosanus</i>	[75]
18.	<i>Boenninghausenia albiflora</i>	Pissumar	β -myrcene, (Z)- β -guaiene, (Z)- β -ocimene, β -caryophyllene, bicyclogermacrene, α -terpinyl acetate, geijerene and β -copaene-4 α -ol	<i>Reticulitermes flavipes</i>	[76]
19.	<i>Dictamnus albus</i>	Burning bush	Dictagymnin, Feniculin, Estragole	<i>Reticulitermes speratus</i>	[77]
20.	<i>Agathosma betulina</i>	Buchu	Limonene, pulegone, α -pinene, β -pinene, p-cymene, linalool	<i>Coptotermes vastator</i>	[67]

limonene/beta-pinene/gamma-terpinene; and limonene/gamma-terpinene/beta-pinene/oxygenated products.^[86] EOs from peel are used as bio-insecticides in the control of different insect pests EOs of *A. marmelos*, *Murraya*

koenigii, *C. reticulata* Blanco, *Zanthoxylum armatum*, *Skimmia laureola*, *Murraya paniculata*, and *B. albiflora*, showed insecticidal, toxicological, and medicinal properties^[87] [Table 1].

Plant EOs possess multiple biological activities such as antibacterial, antifungal, anti-cancer, and antioxidant. These are used for a wide variety of purposes such as flavoring, perfuming^[88] aromatherapy, and food preservation.^[89] EOs are used in food flavoring and making soaps, lotions, shampoos, hair styling products, cologne, laundry detergents, and even insect repellents. EOs exhibit a large spectrum of biological activities *in vitro*. These are bactericidal agents and inhibit growth of drug-resistant pathogens.^[90] These also show antioxidant, anti-inflammatory, anticancer, antibacterial, antifungal, antiviral activity,^[27] insecticidal, and antioxidant properties.^[91] *C. sinensis* natural products are also found beneficial for human health and used to develop new drugs.^[92] Cannabis and cannabinoids isolated from *Cannabis sativa* or hemp shows several medicinal properties.^[93] *C. reticulata* Blanco EOs generate cytotoxicity in *Penicillium italicum* and *Penicillium digitatum* by disrupting cell membrane integrity and causing the leakage of cell components^[94] [Table 1]. Volatile components of *Citrus* fruit EOs show inhibitory action on *P. digitatum* and *P. italicum* growth.^[95] Bergamot fruit peel EO (bergamot EO: BEO) is used to make perfumes, cosmetics, and confections. It is used in aromatherapy for reducing anxiety and stress.^[96] *Citrus* EOs are valuable in the perfume, food, and beverage industries, and have also enjoyed using as aromatherapy and medicinal agents [Table 1].

CONCLUSION

Plants belong to family Rutaceae possess complex mixtures of EOs, its diverse chemical constituents such as lectins, polypeptides, alkaloids, phenols, quinines, flavones, flavonoids, terpenes, tannins, coumarins, benzene derivatives, various hydrocarbons, and straight chain compounds. These oil components showed broad-spectrum biological activity, that is, antibacterial, antifungal, antiviral, insecticidal, and antioxidant properties. As termites are polyphagous and highly destructive pests, various EO-based formulations could be synthesized. Plant EOs and its constituents can be used as antifeedant, repellent, and toxicants against field and household termites. These can be employed for cultural, behavioral, microbial, genetical, and biological for the control of termites to minimize the use of synthetic pesticides to save the ecological food chains from poisoning. No doubt these could be used as development of alternative treatments. These plant origin natural pesticides control wide range insect pests efficiently and cut down the pest population even applied in very low quantity. These plant origin pesticides inhibit metabolism in termites and are much safer, low cost, and easily biodegradable in the medium and show no residual effect. These potential anti-termite agents can be prepared at small scale by farmers to control termite menace.

ACKNOWLEDGMENTS

The author is thankful to HOD Zoology for facilities.

REFERENCES

1. Aiki IP, Pirk CW, Yusuf AA. Thermal regulatory mechanisms of termites from two different savannah ecosystems. *J Therm Biol* 2019;85:102418.
2. Santos AA, de Oliveira BM, Melo CR, Lima AP, Santana ED, Blank AF, *et al.* Sub-lethal effects of essential oil of *Lippia sidoides* on drywood termite *Cryptotermes brevis* (Blattodea: Termitoidea). *Ecotoxicol Environ Saf* 2017;145:436-41.
3. Abdullah F, Subramanian P, Ibrahim H, Malek SN, Lee GS, Hong SL. Chemical composition, anti-feedant, repellent, and toxicity activities of the rhizomes of galangal, *Alpinia galanga* against Asian subterranean termites, *Coptotermes gestroi* and *Coptotermes curvignathus* (Isoptera: Rhinotermitidae). *J Insect Sci* 2015;15:175.
4. Sharma KK, Kalpana, Sharma V, Gupta P, Jaya M, Kumar A, *et al.* Persistence and vertical distribution of termiticide fipronil in modified ground board test. *Environ Monit Assess* 2008;137:179-84.
5. Ying GG, Kookana RS. Persistence and movement of fipronil termiticide with under-slab and trenching treatments. *Environ Toxicol Chem* 2006;25:2045-50.
6. Meepagala KM, Osbrink W, Burandt C, Lax A, Duke SO. Natural-product-based chromenes as a novel class of potential termiticides. *Pest Manag Sci* 2011;67:1446-50.
7. Ozaslan M, Oguzkan SB. Use of plant extracts in alternative medicine. *Pak J Biol Sci* 2018;21:1-7.
8. Meepagala KM, Osbrink W, Sturtz G, Lax A. Plant-derived natural products exhibiting activity against formosan subterranean termites (*Coptotermes formosanus*). *Pest Manag Sci* 2006;62:565-70.
9. Coimbra AT, Ferreira S, Duarte AP. Genus ruta: A natural source of high value products with biological and pharmacological properties. *J Ethnopharmacol* 2020;260:113076.
10. Bora H, Kamle M, Mahato DK, Tiwari P, Kumar P. *Citrus* essential oils (CEOs) and their applications in food: An overview. *Plants (Basel)* 2020;9:357.
11. Dosoky NS, Setzer WN. Biological activities and safety of *Citrus* spp. Essential oils. *Int J Mol Sci* 2018;19:1966.
12. Lemes RS, Alves CC, Estevam EB, Santiago MB, Martins CH, Dos Santos TC, *et al.* Chemical composition and antibacterial activity of essential oils from *Citrus aurantifolia* leaves and fruit peel against oral pathogenic bacteria. *An Acad Bras Cienc* 2018;90:1285-1292.
13. Mahato N, Sharma K, Koteswararao R, Sinha M, Baral E, Cho MH. Citrus essential oils: Extraction, authentication and application in food preservation. *Crit Rev Food Sci Nutr* 2019;59:611-25.
14. Jones NL, Shabib S, Sherman PM. Capsaicins as an inhibitor of the growth of the gastric pathogen *Helicobacter pylori*. *FEMS Microbiol Lett* 1997;146:223-7.
15. Sbeghen-Loss AC, Mato M, Cesio MV, Frizzo C, Barros NM, Heinzen H. Antifeedant activity of *citrus* waste wax and its fractions against the dry wood termite,

- Cryptotermes brevis*. J Insect Sci 2011;11:159.
16. Zhu BC, Henderson G, Chen F, Fei H, Laine RA. Evaluation of vetiver oil and seven insect-active essential oils against the Formosan subterranean termite. J Chem Ecol 2001;27:1617-25.
 17. Santos AA, Melo CR, Oliveira BM, Santana AS, Santos AC, Sampaio TS, et al. Acute Toxicity and sub-lethal effects of the essential oil of *Aristolochia trilobata* and its major constituents on *Nasutitermes corniger* (Termitidae: Nasutitermitinae). Neotrop Entomol 2019;48:515-21.
 18. Negro V, Mancini G, Ruggeri B, Fino D. Citrus waste as feedstock for bio-based products recovery: Review on limonene case study and energy valorization. Bioresour Technol 2016;214:806-15.
 19. Vekari SA, Protopapadakis EE, Papadopoulou P, Papanicolaou D, Panou C, Vamvakias M. Composition and seasonal variation of the essential oil from leaves and peel of a Cretan lemon variety. J Agric Food Chem 2002;50:147-53.
 20. Hamdan D, Ashour ML, Mulyaningsih S, El-Shazly A, Wink M. Chemical composition of the essential oils of variegated pink-fleshed lemon (*Citrus x limon* L. Burm. f.) and their anti-inflammatory and antimicrobial activities. Z Naturforsch C J Biosci 2013;68:275-84.
 21. Klimek-Szczykutowicz M, Szopa A, Ekiert H. Citrus limon (Lemon) phenomenon-a review of the chemistry, pharmacological properties, applications in the modern pharmaceutical, food, and cosmetics industries, and biotechnological studies. Plants (Basel) 2020;9:119.
 22. Di Rauso Simeone G, Di Matteo A, Rao MA, Di Vaio C. Variations of peel essential oils during fruit ripening in four lemon (*Citrus limon* (L.) Burm. F.) cultivars. J Sci Food Agric 2020;100:193-200.
 23. Yang Y, Wang X, Zhao C, Tian G, Zhang H, Xiao H, et al. Chemical mapping of essential oils, flavonoids and carotenoids in Citrus peels by Raman microscopy. J Food Sci 2017;82:2840-6.
 24. Upadhyay RK, Jaiswal G. Termite management: Control methods and strategies. J Appl Biosci 2009;35:110-26.
 25. Arnao MB, Hernandez-Ruiz J. The potential of phyto-melatonin as a nutraceutical. Molecules 2018;23:238.
 26. Zaynab M, Fatima M, Abbas S, Sharif Y, Umair M, Zafar MH, et al. Role of secondary metabolites in plant defense against pathogens. Microb Pathog 2018;124:198-202.
 27. Zakaryan H, Arabyan E, Oo A, Zandi K. Flavonoids: Promising natural compounds against viral infections. Arch Virol 2017;162:2539-51.
 28. Yang L, Wen KS, Ruan X, Zhao YX, Wei F, Wang Q. Response of plant secondary metabolites to environmental factors. Molecules 2018;23:762.
 29. Ohmura W, Doi S, Ohara MA. Antifeedant activity of flavonoids and related compounds against the subterranean termite *Coptotermes formosanus* Shiraki. J Wood Sci 2000;46:149-53.
 30. Yuan Z, Hu XP. Repellent, antifeedant, and toxic activities of *Lantana camara* leaf extract against *Reticulitermes flavipes* (Isoptera: Rhinotermitidae). J Econ Entomol 2012;105:2115-21.
 31. Watanabe Y, Mihara R, Mitsunaga T, Yoshimura T. Termite repellent sesquiterpenoids from *Callitris glaucophylla* heartwood. J Wood Sci 2005;51:514-9.
 32. Duke SO, Cantrell CL, Meepagala KM, Wedge DE, Tabanca N, Schrader KK. Natural toxins for use in pest management. Toxins (Basel) 2010;2:1943-62.
 33. Salazar D, Lokvam J, Mesones I, Pilco MV, Zuniga JM, de Valpine P, et al. A fine Origin and maintenance of chemical diversity in a species-rich tropical tree lineage. Nat Ecol Evol 2018;2:983-90.
 34. Dadakova K, Heinrichova T, Lochman J, Kasparovsky T. Production of defense phenolics in tomato leaves of different age. Molecules 2020;25:4952.
 35. Tholl D. Biosynthesis and biological functions of terpenoids in plants. Adv Biochem Eng Biotechnol 2015;148:63-106.
 36. Gualdani R, Cavalluzzi MM, Lentini G, Habtemariam S. The chemistry and pharmacology of citrus limonoids. Molecules 2016;21:1530.
 37. Tellez M, Estell R, Fredrickson E, Powell J, Wedge D, Schrader K, et al. Extracts of *Flourensia cernua* (L): Volatile constituents and antifungal, antialgal, and antitermite bioactivities. J Chem Ecol 2001;27:2263-73.
 38. Campolo O, Puglisi I, Barbagallo RN, Cherif A, Ricupero M, Biondi A, et al. Side effects of two citrus essential oil formulations on a generalist insect predator, plant and soil enzymatic activities. Chemosphere 2020;257:127252.
 39. Oyedeki AO, Okunowo WO, Osuntoki AA, Olabode TB, Ayo-Folorunso F. Insecticidal and biochemical activity of essential oil from *Citrus sinensis* peel and constituents on *Callosobrunchus maculatus* and *Sitophilus zeamais*. Pestic Biochem Physiol 2020;168:104643.
 40. Bordin C, Alves DS, Alves LF, Oliveira MS, Ascari J, Scharf DR. Fumigant activity of essential oils from *Cinnamomum* and *Citrus* spp. and pure compounds against *Dermanyssus gallinae* (De Geer) (Acari: Dermanyssidae) and toxicity toward the nontarget organism *Beauveria bassiana* (Vuill.). Vet Parasitol 2021;290:109341.
 41. Sarma R, Adhikari K, Mahanta S, Khanikor B. Insecticidal activities of *Citrus aurantifolia* essential oil against *Aedes aegypti* (Diptera: Culicidae). Toxicol Rep 2019;6:1091-6.
 42. Abdel-Kawy MA, Michel CG, Kirolos FN, Hussien RA, Al-Mahallawi AM, Sedeek MS. Chemical composition and potentiation of insecticidal and fungicidal activities of *Citrus trifoliata* L. fruits essential oil against *Spodoptera littoralis*, *Fusarium oxysporum* and *Fusarium solani* via nano-cubosomes. Nat Prod Res 2021;35:2438-43.
 43. Badalamenti N, Bruno M, Schicchi R, Geraci A, Leporini M, Gervasi L, et al. Chemical compositions and antioxidant activities of essential oils, and their

- combinations, obtained from flavedo by-product of seven cultivars of sicilian *Citrus aurantium* L. *Molecules* 2022;27:1580.
44. Flamini G, Pistelli L, Nardoni S, Ebani VV, Zinnai A, Mancianti F, *et al.* Essential oil composition and biological activity of “Pompia”, a Sardinian *Citrus* ecotype. *Molecules* 2019;24:908.
 45. Rios MY. Chemistry and biology of the genus *Flourensia* (*Asteraceae*). *Chem Biodivers* 2015;12:1595-634.
 46. Bakaruddin NH, Ab Majid AH. Efficacy of several plants extracts on the tunneling activity and survival of subterranean termites (*Coptotermes gestroi* and *Globitermes sulphureus*). *Trop Life Sci Res* 2019;30:33-56.
 47. Gabriele B, Fazio A, Dugo P, Costa R, Mondello L. Essential oil composition of *Citrus medica* L. Cv. Diamante (*Diamante citron*) determined after using different extraction methods. *J Sep Sci* 2009;32:99-108.
 48. Ghaderi A, Sonboli A. Chemical composition and antimicrobial activity of the essential oil of *Tanacetum walteri* (*Anthemideae-Asteraceae*) from Iran. *Nat Prod Res* 2019;33:1787-90.
 49. Oliva A, Garzoli S, Sabatino M, Tadic V, Costantini S, Ragno R, Božovic M. Chemical composition and antimicrobial activity of essential oil of *Helichrysum italicum* (Roth) G. Don fil. (*Asteraceae*) from Montenegro. *Nat Prod Res* 2020;34:445-8.
 50. Pinto E, Vale-Silva L, Cavaleiro C, Salgueiro L. Antifungal activity of the clove essential oil from *Syzygium aromaticum* on *Candida*, *Aspergillus* and dermatophyte species. *J Med Microbiol* 2009;58:1454-62.
 51. Chaieb K, Hajlaoui H, Zmantar T, Kahla-Nakbi AB, Rouabhia M, Mahdouani K, *et al.* The chemical composition and biological activity of clove essential oil, *Eugenia caryophyllata* (*Syzygium aromaticum* L. Myrtaceae): A short review. *Phytother Res* 2007;21:501-6.
 52. Gakuubi MM, Maina AW, Wagacha JM. Antifungal activity of essential oil of *Eucalyptus camaldulensis* Dehnh. Against selected *Fusarium* spp. *Int J Microbiol* 2017;2017:8761610.
 53. Ali A, Tabanca N, Amin E, Demirci B, Khan IA. Chemical composition and biting deterrent activity of essential oil of *Tagetes patula* (marigold) against *Aedes aegypti*. *Nat Prod Commun* 2016;11:1535-8.
 54. Liu XS, Gao B, Li XL, Li WN, Qiao ZA, Han L. Chemical composition and antimicrobial and antioxidant activities of essential oil of sunflower (*Helianthus annuus* L.) receptacle. *Molecules* 2020;25:5244.
 55. Adeosun TE, Ogunwande IE, Avoseh O, Raji IP, Lawal OA. Composition and anti-inflammatory activity of essential oil of *Jatropha curcas*. *Nat Prod Commun* 2017;12:439-40.
 56. Marwa C, Fikri-Benbrahim K, Ou-Yahia D, Farah A. African peppermint (*Mentha piperita*) from Morocco: Chemical composition and antimicrobial properties of essential oil. *J Adv Pharm Technol Res* 2017;8:86-90.
 57. Behbahani BA, Falah F, Arab FL, Vasiee M, Yazdi FT. Chemical composition and antioxidant, antimicrobial, and antiproliferative activities of *Cinnamomum zeylanicum* bark essential oil evid based complement *Alternat Med* 2020;2020:5190603.
 58. Zarai Z, Chobba IB, Mansour RB, Bekir A, Gharsallah N, Kadri A. Essential oil of the leaves of *Ricinus communis* L.: *In vitro* cytotoxicity and antimicrobial properties. *Lipids Health Dis* 2012;11:102.
 59. Varkey TK, Mathew J, Baby S. Chemical variability of *Citrus maxima* essential oils from South India. *Asian J Chem* 2014;26:2207-10.
 60. Tsai ML, Lin CD, Khoo KA, Wang MY, Kuan TK, Lin WC, *et al.* Composition and bioactivity of essential oil from *Citrus grandis* (L.) Osbeck “Mato Peiyu” Leaf. *Molecules* 2017;22:2154.
 61. Adokoh CK, Asante DB, Acheampong DO, Kotsuchibashi Y, Armah FA, Sirikiyi IH, *et al.* Chemical profile and *in vivo* toxicity evaluation of unripe *Citrus aurantifolia* essential oil. *Toxicol Rep* 2019;6:692-702.
 62. Teneva D, Denkova-Kostova R, Goranov B, Hristova-Ivanova Y, Slavchev A, Denkova Z, *et al.* Chemical composition, antioxidant activity and antimicrobial activity of essential oil from *Citrus aurantium* L zest against some pathogenic microorganisms. *Z Naturforsch C J Biosci* 2019;74:105-11.
 63. Geraci A, Di Stefano V, Di Martino E, Schillaci D, Schicchi R. Essential oil components of orange peels and antimicrobial activity. *Nat Prod Res* 2017;31:653-9.
 64. Othman SN, Hassan MA, Nahar L, Basar N, Jamil S, Sarker SD. Essential oils from the Malaysian *Citrus* (*Rutaceae*). *Med Plants Med (Basel)* 2016;3:13.
 65. Njoroge SM, Koaze H, Karanja PN, Sawamura M. Volatile constituents of redblush grapefruit (*Citrus pummelo* (*Citrus grandis*) peel essential oils from Kenya. *J Agric Food Chem* 2005;53:9790-4.
 66. Ruiz-Perez NJ, Gonzalez-Avila M, Sanchez-Navarrete J, Toscano-Garibay JD, Moreno-Eutimio MA, Sandoval-Hernandez T, *et al.* Antimycotic activity and genotoxic evaluation of *Citrus sinensis* and *Citrus latifolia* essential oils. *Sci Rep* 2016;6:25371.
 67. Moolla A, Viljoen AM. “Buchu”-*Agathosma betulina* and *Agathosma crenulata* (*Rutaceae*): A review. *J Ethnopharmacol* 2008;119:413-9.
 68. Amorim JL, Simas DL, Pinheiro MM, Moreno DS, Alviano CS, da Silva AJ, *et al.* Anti-inflammatory properties and chemical characterization of the essential oils of four *Citrus* species. *PLoS One* 2016;11:e0153643.
 69. Nouri A, Shafaghatlonbar A. Chemical constituents and antioxidant activity of essential oil and organic extract from the peel and kernel parts of *Citrus japonica* Thunb. (Kumquat) from Iran. *Nat Prod Res* 2016;30:1093-7.
 70. Gonzalez-Mas MC, Rambla JL, Lopez-Gresa MP, Blazquez MA, Granell A. Volatile compounds in *Citrus* essential oils: A comprehensive review. *Front Plant Sci* 2019;10:12.
 71. Verma RS, Padalia RC, Chauhan A. Essential

- oil composition of *Aegle marmelos* (L.) Correa: Chemotypic and seasonal variations. *J Sci Food Agric* 2014;94:1904-13.
72. Miller SL, Haber WA, Setzer WN. Chemical composition of the leaf essential oil of *Casimiroa edulis* La Llave and Lex. (Rutaceae) from Monteverde, Costa Rica. *Nat Prod Commun* 2009;4:425-6.
 73. Yaouba A, Tatsadjieu LN, Dongmo PM, Etoa FX, Mbofung CM, Zollo PH, *et al.* Evaluation of *Clausena anisata* essential oil from Cameroon for controlling food spoilage fungi and its potential use as an antiradical agent. *Nat Prod Commun* 2011;6:1367-71.
 74. Taveira FS, Andrade EH, Lima WN, Maia JG. Seasonal variation in the essential oil of *Pilocarpus microphyllus* Stapf. *An Acad Bras Cienc* 2003;75:27-31.
 75. Nogueira JA, Figueiredo A, Duarte JL, de Almeida FB, Santos MG, Nascimento LM, *et al.* Repellency effect of *Pilocarpus spicatus* A. St.-Hil essential oil and nanoemulsion against *Rhipicephalus microplus* larvae. *Exp Parasitol* 2020;215:107919.
 76. Padalia RC, Verma RS, Chauhan A, Chanotiya CS. Chemical composition of leaf and root essential oils of *Boenninghausenia albiflora* Reichb. From Northern India. *Nat Prod Res* 2012;26:2040-4.
 77. Baser KH, Koşar M, Malyer H, Ozek T. The essential oil composition of *Dictamnus albus* from Turkey. *Planta Med* 1994;60:481-2.
 78. Tundis R, Loizzo MR, Bonesi M, Menichini F, Mastellone V, Colica C, *et al.* Comparative study on the antioxidant capacity and cholinesterase inhibitory activity of *Citrus aurantifolia* Swingle, *C. aurantium* L., and *C. bergamia* Risso and Poit. peel essential oils. *J Food Sci* 2012;77:H40-6.
 79. Sedeek MS, Al-Mahallawi AM, Hussien RA, Ali AM, Naguib IA, Mansour MK. Hexosomal dispersion: A nano-based approach to boost the antifungal potential of *Citrus* essential oils against plant fungal pathogens. *Molecules* 2021;26:6284.
 80. Chandharakool S, Koomhin P, Sinlapasorn J, Suanjan S, Phungsai J, Suttipromma N, *et al.* Effects of tangerine essential oil on brain waves, moods, and sleep onset latency. *Molecules* 2020;25:4865.
 81. Moradi K, Ashtarian H, Danzima NY, Saeedi H, Bijan B, Akbari F, *et al.* Essential oil from *Citrus aurantium* alleviates anxiety of patients undergoing coronary angiography: A single-blind, randomized controlled trial. *Chin J Integr Med* 2021;27:177-82.
 82. Shoorvarzi SN, Shahraki F, Shafaei N, Karimi E, Oskoueian E. *Citrus aurantium* L. bloom essential oil nanoemulsion: Synthesis, characterization, cytotoxicity, and its potential health impacts on mice. *J Food Biochem* 2020;44:e13181.
 83. Metoui N, Gargouri S, Amri I, Fezzani T, Jamoussi B, Hamrouni L. Activity antifungal of the essential oils; aqueous and ethanol extracts from *Citrus aurantium* L. *Nat Prod Res* 2015;29:2238-41.
 84. Maugeri A, Lombardo GE, Musumeci L, Russo C, Gangemi S, Calapai G, *et al.* Bergamottin and 5-geranyloxy-7-methoxycoumarin cooperate in the cytotoxic effect of *Citrus bergamia* (bergamot) essential oil in human neuroblastoma SH-SY5Y cell line. *Toxins (Basel)* 2021;13:275.
 85. Degirmenci H, Erkurt H. Relationship between volatile components, antimicrobial and antioxidant properties of the essential oil, hydrosol and extracts of *Citrus aurantium* L. flowers. *J Infect Public Health* 2020;13:58-67.
 86. Lota ML, de Rocca Serra D, Tomi F, Jacquemond C, Casanova J. Volatile components of peel and leaf oils of lemon and lime species. *J Agric Food Chem* 2002;50:796-805.
 87. Liaqat I, Riaz N, Saleem QU, Tahir HM, Arshad M, Arshad N. Toxicological evaluation of essential oils from some plants of rutaceae family evid based complement. *Alternat Med* 2018;2018:4394687.
 88. Mishra AK, Dubey NK. Evaluation of essential oils for their toxicity against fungi causing deterioration of stored food commodities. *Appl Environ Microbiol* 1994;60:1101-5.
 89. Faid M, Bakhy K, Anchad M, Tantaoui-Elaraki A. Alomond paste: Physicochemical and Microbiological characterization and preservation with scorbic acid and cinnamon. *J Food Protect* 1995;58:547-50.
 90. Cannas S, Usai D, Tardugno R, Benvenuti S, Pellati F, Zanetti S, *et al.* Chemical composition, cytotoxicity, antimicrobial and antifungal activity of several essential oils. *Nat Prod Res* 2016;30:332-9.
 91. Bassole IH, Juliani HR. Essential oils in combination and their antimicrobial properties. *Molecules* 2012;17:3989-4006.
 92. Favela-Hernandez JM, Gonzalez-Santiago O, Ramirez-Cabrera MA, Esquivel-Ferrino PC, del Rayo Camacho-Corona M. Chemistry and pharmacology of *Citrus sinensis*. *Molecules* 2016;21:247.
 93. ElSohly MA, Radwan MM, Gul W, Chandra S, Galal A. Phytochemistry of *Cannabis sativa*. *L Prog Chem Org Nat Prod* 2017;103:1-36.
 94. Tao N, Jia L, Zhou H. Anti-fungal activity of *Citrus reticulata* Blanco essential oil against *Penicillium italicum* and *Penicillium digitatum*. *Food Chem* 2014;153:265-71.
 95. Caccioni DR, Guizzardi M, Biondi DM, Renda A, Ruberto G. Relationship between volatile components of citrus fruit essential oils and antimicrobial action on *Penicillium digitatum* and *penicillium italicum*. *Int J Food Microbiol* 1998;43:73-9.
 96. Navarra M, Mannucci C, Delbo M, Calapai G. *Citrus bergamia* essential oil: From basic research to clinical application. *Front Pharmacol* 2015;6:36.

Source of Support: Nil. **Conflicts of Interest:** None declared.