

Diabetic dyslipidaemia and barley grass powder

Sir,

I read the recent publication on diabetic dyslipidaemia and barley grass powder (BGP) with great interest.^[1] and Iyer concluded that "BGP holds promise to be used as a functional food to optimise the health of diabetic subjects".^[1] There are some concerns about this work. First, the work lacks exact control over health subjects. Second, the laboratory procedures need confirmation and verification with regard to quality. The quality control on all laboratory analyses in this work is not well clarified. The disturbance of haemoglobin A1C data by the occulted haemoglobin disorder is possible and cannot be ruled out. Finally, it should be noted that allergy to barley grass is possible, and this should be a point to be kept in mind.^[2]

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